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# Applying Wisdom

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# University of Dayton, Ohio (url: <http://www.udayton.edu/index.php>)



## Applying Wisdom

**06.03.2008 | Campus and Community** A new approach to aging that seeks to inspire seniors to use their wisdom for the welfare of individual and society in general will be the focus of a UD conference in June.

The conference titled "Changing the Paradigm from Aging to Sage-ing – One Story at a Time," will be held Friday, June 13, through Sunday, June 15, at Kennedy Union. It's co-sponsored by UD's office of special programs and continuing education and the Sage-ing Guild.

Keynote speaker will be Richard Leider, author of *Claiming your place at the fire: Living the second half of your life on purpose*. Leider is a senior fellow for the University of Minnesota's Center for Spirituality and Healing.

It's the first national conference for the Sage-ing Guild, which was founded in 2004 to help seniors change their mindsets and then approach their aging years in a new way, according to Carol Bourne, conference co-chair.?

"Most senior citizens today recognize that retirement is not the end of their productive years," Bourne said. "They know that this is the time when they have the most experience and wisdom to offer."

Through the sage-ing process, Bourne said people can consciously explore what has been called the "third age" to address questions such as change and loss, quality of life, changing roles and what kind of personal legacy they want to leave to future generations.

Workshops will explore intergenerational issues, the value of living in community, spirituality and dementia, romance in later life and other topics.

Participants may attend all or part of the conference; some sessions are open to members only. Conference fees for the general public are \$175 for Friday, Saturday and Sunday; \$85 for Saturday; and \$55 for Sunday.

Julie Mitchell, assistant dean of special programs and continuing education, said UD offers a variety of senior programs and lifelong learning opportunities to help develop intellectual, moral, religious and civic excellence.

The conference fits well with UD programs such as the Osher Lifelong Learning Institute, which promote learning for the joy of learning in community for people of diverse perspectives in the Marianist tradition, Mitchell said.

For more information and to register call 937-229-2605.

**Julie Mitchell at 937-229-2605**